



The Westin Cincinnati

21 E. 5th Street Cincinnati, Ohio 45202

Phone (513) 852-2740 Fax (513) 852-2741

www.ingredientsforyou.com

Open Daily

delivery

- Minimum for delivery is \$50.00
- Downtown area for delivery only.

payment

- We accept visa, american express, mastercard and discover
- Cash payments will need to be secured with a credit card when placing the order
- Payment in full is expected at the time you place your order
- Prices exclude tax

Menu content and pricing subject to change



gourmet salads
sandwiches • panini
soup • breakfast
coffee

catering

**welcome to
ingredients catering**

let ingredients come to you!
our high-quality meals can be delivered
for your next breakfast or lunch meeting.
using only the freshest ingredients,
our selection includes a variety of signature
sandwiches and salads, soup, bakery items,
beverages and sweets.

instructions for ordering:

please call (513) 852-2740 to place an order

placing your order 24 hours in advance would be
appreciated, but we are willing to make every effort
to accommodate all of your orders.

[delivery and payment information on back](#)



breakfast

continental.....per person 6.50

fresh bagels, assorted pastries, danish, breakfast breads and croissants served with butter, jellies and cream cheese, orange juice and coffee

deluxe continentalper person 8.50

enjoy all the continental items along with fresh fruit and yogurt

fresh pastriesper person 4.00

an assortment of freshly baked pastries, danish and croissants with butter and jellies

bagelsper person 3.00

an assortment of fresh bagels served with a variety of cream cheese flavors

hot breakfast panini.....per person 7.50

a variety of hot breakfast panini

fresh seasonal fruit.....per person 3.50

a bowl of fresh seasonal fruit & berries

beverage tote17.00

hot coffee or tea, serves 6-8

breakfast boxes

continental boxper person 6.00

choice of bagel or pastry, jellies, butter and cream cheese, juice, fruit

breakfast sandwich boxper person 9.00

choice of breakfast sandwich, juice, fruit

ingredients



signature salads.....per person 8.50

choose any signature salad:

grilled chicken salad

tomatoes, prosciutto, blue cheese, pears, walnuts, mint, white balsamic vinaigrette

go green vegetarian salad

cucumber, peas, avocado, asparagus, broccoli, feta cheese, lemon avocado dressing

turkey spinach salad

spinach, sunflower seeds, mozzarella cheese, tomato, croutons, cranberries, smoked turkey, white balsamic vinaigrette

asian chicken salad

roasted peppers, carrots, scallions, almonds, napa & red cabbage, wonton strips, mint, cilantro, sesame ginger vinaigrette

super foods salad

grilled salmon, spinach, tomato, red onion, broccoli, edamame, asparagus, almonds, roasted garlic vinaigrette

southwest chicken salad

black beans, corn, tomatoes, tortilla strips, avocado, scallions, cilantro, cheddar cheese, jalapeños, chipotle vinaigrette

gourmet sandwiches.....per person 7.50

choose any signature sandwich:

turkey & cranberry

pepper jack, romaine, chipotle cranberry chutney, seeded baguette

italian club

ham, pepperoni, salami, provolone, lettuce, tomato, banana peppers, balsamic, La Baccia bread

roast beef & cheddar

sliced roast beef, sautéed onion, lettuce, cheddar cheese, horseradish sauce, focaccia bread

chicken caesar

grilled chicken, romaine, tomato, parmesan cheese, La Baccia bread

tomato & mozzarella

fresh mozzarella, tomato, pesto, La Baccia bread

chicken club

bacon, avocado, mozzarella, tomatoes, herb aiolo, organic wheat bread

signature soups.....per person 4.00

assorted variety platter.....per person 7.75

a selection of our signature sandwiches
add your choice of signature salad 4.00 per person

combo group lunch.....per person 13.25

your choice of sandwiches, (whole sandwich per person), choice of 2 types of salads, sweets & homemade kettle chips

boxed lunch.....per person 11.25

choice of signature sandwich or salad,
homemade kettle chips, cookie, beverage of your choice

sweets.....per person 2.25

cookie or brownie

beverages.....per person 2.00

soda, tea, or water

We Proudly Brew
STARBUCKS COFFEE



all prices & menu items are subject to change

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