



welcome to ingredients catering

let ingredients come to you!
our high-quality meals can be delivered
for your next breakfast or lunch meeting.
using only the freshest ingredients,
our selection includes a variety of signature
sandwiches & salads, soup, bakery items,
beverages & sweets.

instructions for ordering:

please call (513) 852-2740 to place an order

placing your order 24 hours in advance would be
appreciated, but we are willing to make every effort
to accommodate all of your orders.

[delivery & payment information on back](#)



The Westin Cincinnati
21 E. 5th Street Cincinnati, Ohio 45202
Phone (513) 852-2740 Fax (513) 852-2741
www.ingredientsforyou.com

open daily

delivery

- minimum for delivery is \$50.00
- delivery charge may apply depending on area

payment

- we accept visa, american express, mastercard
and discover
- direct billing accounts can be established
- cash payments will need to be secured with a
credit card when placing the order
- payment in full is expected at the time you place
your order
- prices exclude tax

[menu content & pricing subject to change](#)



gourmet salads
sandwiches • panini
soup • breakfast
coffee

catering



breakfast

continental.....per person 6.00

fresh bagels, assorted pastries,
danish, breakfast breads & croissants
served with butter, jellies & cream cheese,
orange juice & coffee

deluxe continental.....per person 8.00

enjoy all the continental items along
with fresh fruit & yogurt

fresh pastries.....per person 4.00

an assortment of freshly baked pastries,
danish & croissants with butter & jellies

bagels.....per person 3.00

an assortment of fresh bagels served with
a variety of cream cheese flavors

hot breakfast panini.....per person 6.00

a variety of hot breakfast panini

fresh seasonal fruit.....per person 2.50

a bowl of fresh seasonal fruit & berries

beverage tote.....15.00

hot coffee or tea, serves 6-8

breakfast boxes

continental box.....per person 5.50

choice of bagel or pastry, jellies,
butter & cream cheese, juice & fruit

breakfast sandwich box.....per person 6.00

choice of breakfast sandwich,
juice & fruit



signature salads.....per person 7.50

choose any signature salad, served family style with fresh baked bread

grilled chicken salad

tomatoes, prosciutto, blue cheese, pears, walnuts,
white balsamic vinaigrette

blackened shrimp caesar salad

romaine, tomato, egg, parmesan, croutons, bacon

turkey spinach salad

mozzarella, tomatoes, sunflower seeds, croutons, dried
cranberries, sprouts, white balsamic vinaigrette

asian chicken salad

roasted peppers, carrots, scallions, almonds, napa & red cabbage,
wonton strips, sesame ginger vinaigrette

super foods salad

grilled salmon, spinach, tomato, red onion, broccoli, edamame,
asparagus, almonds, roasted garlic vinaigrette

southwest chicken salad

black beans, corn, tomatoes, tortilla strips, avocado,
scallions, cilantro, cheddar cheese, jalapeños (may sub sliced steak)

gourmet sandwiches.....per person 6.50

choose any signature sandwich, served with homemade kettle chips

turkey & cranberry

pepper jack, romaine, chipotle cranberry chutney,
seeded baguette

italian club

ham, pepperoni, salami, provolone, lettuce, tomato,
banana peppers, balsamic

ham & brie

shaved ham, brie, dijon, caramelized onions, La Baccia bread

chicken caesar

grilled chicken, romaine, tomatoes, rustic rosemary bread

tomato & mozzarella

fresh mozzarella, tomato, pesto, La Baccia bread

chicken club

bacon, avocado, mozzarella, tomatoes, herb aioli,
organic wheat bread

soup of the day.....per person 4.00

served with fresh baked bread

assorted variety platter.....per person 7.00

a selection of our signature sandwiches
add assorted signature salads for 3.00 per person

combo group lunch.....per person 12.00

choice of 2 types of sandwiches,
choice of 2 types of salads,
sweets & homemade kettle chips

boxed lunch.....per person 9.50

choice of signature sandwich or salad,
cookie & beverage of your choice

sweets.....per person 2.00

cookie or brownie

beverages.....per person 2.00

soda, tea, juice or water

We Proudly Brew
STARBUCKS COFFEE



all prices & menu items are subject to change

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catering

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for your next breakfast or lunch meeting.

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catering, please call (513) 852-2740



welcome to ingredients

using only the freshest ingredients,
our menu allows you to customize your
meal – from hot breakfast sandwiches
and pastries, to a “build your own”
salad station.

enjoy a variety of signature sandwiches
and salads, panini, brick oven pizza,
soup & bakery items.

ingredients also features a coffee bar
and lounge area complete with
complimentary wireless service!



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open daily

gourmet salads
sandwiches • panini
brick oven pizza • soup
breakfast • coffee

dine in & take out



breakfast specialties

- breakfast panini**.....6.00
made with two farm fresh eggs & fresh baked breads
ham & cheddar scramble panini
egg white & grilled vegetable panini
egg b.l.t. panini

- brick oven quesadilla**.....7.00
scrambled eggs, bacon cheddar, potatoes, with salsa

- eggs your way**.....8.50
two eggs, cooked your way
with bacon or sausage, hashbrowns & toast

bagels, cereal & fruit

- fresh baked bagels.....1.00.....with cream cheese 1.50
plain, cinnamon raisin, poppy seed, everything, sesame

granola, yogurt & fruit

- yogurt parfait.....3.00
fresh fruit salad.....3.00

hot & cold cereal

- steel cut oatmeal.....4.00
assorted cold cereals.....3.00

coffee & tea

available hot or iced in small, medium or large

fresh brewed coffee regular or decaf

caffè latte espresso & steamed milk

caffè mocha espresso, cocoa, steamed milk, whipped cream

cappuccino espresso, steamed & foamed milk

ESPRESSO regular or decaf

caffè au lait coffee & steamed milk

caramel macchiato espresso, vanilla syrup, steamed & frothed milk, caramel sauce

caramel mocha espresso, cocoa, caramel, steamed milk, whipped cream

white chocolate mocha espresso, white chocolate, steamed milk, whipped cream

tazo® chai latte steamed milk & black spiced tea

hot chocolate

blended ice mocha coffee, milk, cocoa & ice, topped with whipped cream

blended ice latte coffee, milk & ice, topped with whipped cream

tazo® tea assorted varieties

We Proudly Brew
STARBUCKS COFFEE



(some assembly required)

assemble your salad

step 1: choose your greens

- mixed greens, crisp romaine,
iceberg lettuce or baby spinach.....6.25

step 2: choose your fresh ingredients

select up to five, each additional selection .50

almonds	cheddar	mozzarella
asparagus	chickpeas	mushrooms
artichoke	corn	olives
avocado	cranberries	onion
bacon	croutons	parmesan
banana pepper	cucumber	roasted peppers
golden beets	egg	sunflower seeds
black beans	feta	sun-dried tomato
blue cheese	green peas	tomato
broccoli	hearts of palm	

step 3: choose your protein

- grilled or blackened chicken, smoked turkey,
ham, taco meat or tofu.....each protein 1.25

- sliced steak, grilled salmon, blackened shrimp
or tuna salad.....each premium protein 2.25

step 4: choose your finish

regular & fat-free selections

ranch	balsamic	oil & vinegar
blue cheese	fat-free french	chipotle vinaigrette
caesar	fat-free italian	roasted garlic vinaigrette
honey mustard	fat-free raspberry	sesame ginger vinaigrette
french	fat-free lemon	white balsamic vinaigrette
1000 island	avocado	

signature salads.....7.75

grilled chicken salad

tomatoes, prosciutto, blue cheese, pears, walnuts,
white balsamic vinaigrette

blackened shrimp caesar salad

romaine, tomato, egg, parmesan, croutons, bacon

turkey spinach salad

mozzarella, tomatoes, sunflower seeds, croutons, dried
cranberries, sprouts, white balsamic vinaigrette

asian chicken salad

roasted peppers, carrots, scallions, almonds, napa & red
cabbage, wonton strips, sesame ginger vinaigrette

super foods salad

grilled salmon, spinach, tomato, red onion, broccoli, edamame,
asparagus, almonds, roasted garlic vinaigrette

southwest chicken salad

black beans, corn, tomatoes, tortilla strips, avocado, scallions,
cilantro, cheddar cheese, jalapeños (may sub sliced steak)

gourmet cold sandwiches.....6.50

turkey & cranberry

pepper jack, romaine, chipotle cranberry chutney,
seeded baguette

dijon chicken salad

chicken salad with apples, walnuts, lettuce, tomato,
La Baccia bread

italian club

ham, pepperoni, salami, provolone, lettuce, tomato,
banana peppers, balsamic

chicken caesar

grilled chicken, romaine, tomatoes, rustic rosemary bread

spicy roast beef

thin-sliced roast beef, chipotle mayo, arugula, red onion,
tomato, focaccia bread

chicken club

bacon, avocado, mozzarella, tomatoes, herb aioli,
organic wheat bread

grilled sandwiches.....6.50

tomato & mozzarella panini

fresh mozzarella, tomato, pesto, La Baccia bread

pot roast panini

roasted tomato, caramelized onions, grilled carrots,
cabbage, swiss, horseradish aioli, organic wheat bread

cuban press

roasted pork, ham, jack cheese, pickle, dijon mayonnaise,
focaccia bread

ham & brie panini

shaved ham, brie, dijon, caramelized onions, La Baccia bread

turkey club panini

bacon, avocado, tomatoes, mozzarella, herb aioli,
organic wheat bread

chicken pesto panini

sliced chicken, pesto, mozzarella, roasted tomato,
La Baccia Bread

brick oven pizza.....7.00

10 inch, crispy thin crust with fresh tomato basil sauce
& topped with mozzarella

classic tomato & basil

wild mushroom

pepperoni

meat lovers

four cheese

add additional ingredients for .50 each

soup of the day.....4.00

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